

FOOD BANKS

Most food banks serve specific zip codes. Call ahead for specific geographic eligibility requirements.

Adra P. Berry Food Bank425.222.5573
Raging River Church, 31104 SE 86th St, Preston
Th, 4-5pm. Call any day for information. Serves anyone in need.

Fall City Food Pantry425.222.5458
4326 337th Pl SE, Fall City
1st and 3rd W of the month, noon-1:30pm and 6:30-7:30pm. May have household items.

Hopelink-Bellevue425.943.7555
14812 Main St, Bellevue
Operates a food bank for residents of Bellevue, Mercer Island, and Newcastle. Call for an appointment.

Hopelink-Kirkland/Northshore425.889.7880
11011 120th Ave NE, Kirkland
Operates a food bank for residents of Kirkland, Kenmore, Bothell, and Woodinville. Call for an appointment.

Hopelink-Redmond425.882.0241
16725 Cleveland St, Redmond
Operates a food bank for residents of the Redmond and Sammamish areas. Call for an appointment.

Hopelink-Shoreline206.440.7300
15809 Westminster Way N, Shoreline
Operates a food bank for residents of Shoreline and Lake Forest Park. Call for an appointment.

Hopelink-Sno-Valley425.333.4163
31957 E Commercial St, Carnation
Operates a food bank for residents of Snoqualmie Valley. Call for an appointment.

Issaquah Food and Clothing Bank425.392.4123
179 1st Ave SE, Issaquah
Tu-Th, 10am-1pm. 1st and 3rd Tu, 5-7pm. Clients may visit once per week; home delivery available to homebound adults. Also provides clothing and household items.

Mercer Island Y&FC Food Pantry206.275.7611
2040 84th Ave SE, Mercer Island
M-F, 8:30am-5pm. Call for appointment.

North Helpline-Lake City Food Bank206.367.3477
12736 33rd Ave NE
Operates a food pantry for residents of Lake City, North Seattle, Shoreline and the homeless. Also supplies pet food.

Renewal Food Bank425.643.8246
2015 Richards Rd SE, Bellevue
M, 9am-noon, 4:30-6:30pm. W, 9am-noon. Walk in for assistance. Clients may visit once per week.

HOT MEALS

Bothell Community Kitchen425.486.7132
18515 92nd Ave NE, Bothell
Su, 5-6pm.

Greater Bothell Parent Resource Center425.488.3885
10116 NE 185th St, Bothell
4th Su of every month, 4-6pm.

B&G Club-Ground Zero Teen Center425.452.6119
257 100th Ave NE, Bellevue
Th, 6pm. Focus is on teens, age 13-19. May serve others on a case-by-case basis.

Dale Turner YMCA206.363.0446
19290 Aurora Ave N, Shoreline
W, 5-6:30pm. Provides a nutritious meal and warm community atmosphere. Everyone is welcome.

Friends of Youth - Teen Feed425.822.3088
Kirkland Teen Union Building, 348 Kirkland Ave, Kirkland
F, 6pm. Serves teens, ages 13-22.

KITH Community Suppers425.576.9531
Holy Spirit Lutheran Church, 10021 NE 124th St, Kirkland
Tu, 6pm.

Issaquah Meal Program425.679.0342
180 E Sunset Way, Issaquah
M-F, 5:30-6pm. Doors open at 5pm. Serves anyone in need.

Redmond Parks & Rec - Teen Feed425.556.2300
Old Fire House, 16510 NE 79th St, Redmond
W, 6pm. All ages. Those above age 19 must be homeless.

Salvation Army - Crossroads Meal Program425.452.7300 x205
911 164th Ave NE, Bellevue
M-F, 6pm. Serves anyone in need, ID may be required. Please call ahead to verify that the meal is being served.

YWCA - Angeline's Eastside425.451.8519
752 108th Ave NE, Bellevue
M-F, 9am-3pm. Lunch, 11:30am-1pm. Snacks and beverages are available anytime during drop-in hours.

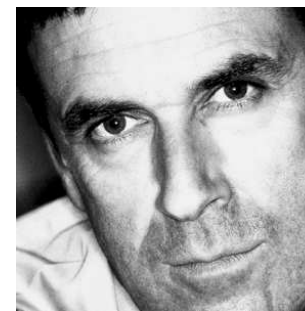
EMERGENCY FOOD BAGS

Emergency Feeding Program
<http://www.emergencyfeeding.org/distributionLocations.html>
Distributes complete-meal food packs to social service agencies and churches throughout King County, including 7 East and North King County locations; includes foods for special dietary and cultural needs. Visit website for up to date times and locations of distribution.

East & North

King County

Emergency Services



May 2012



Brochures updated quarterly at
www.crisisclinic.org/Brochures.html

DENTAL CARE

The following agencies either accept DSHS Services Cards, employ sliding scale fees, or are free/low cost.

HealthPoint - Redmond Dental.....425.883.8000
16315 NE 87th St, Suite B6, Redmond
M, 8am-8pm; Tu-F, 8am-5pm.
Provides an emergency walk-in clinic once a week.

Lake Washington Institute of Tech - Dental Clinic.....425.739.8100
11605 132nd Ave NE, East Building, Room E103, Kirkland
M-Th, 8am-4:30pm; F, 8am-noon.

Medical Teams International.....425.284.1950
M-F, 8am-4pm.
Provides free or low-cost dental care for un- and under-insured people.
Mobile clinic visits Redmond. Call for appointment.

MEDICAL CARE

The following agencies either accept DSHS Services Cards, employ sliding scale fees, or are free/low cost.

Eastgate Public Health.....206.296.4920
14350 SE Eastgate Way, Bellevue
M-F, 8am-5pm.

HealthPoint - Bothell Medical425.486.0658
10808 NE 145th St, Bothell
M W-F, 9am-5pm; Tu, noon-8pm.

HealthPoint - Redmond Medical425.882.1697
16315 NE 87th St, Suite B6, Redmond
M, 8am-8pm; Tu-F, 8am-5pm.

HealthPoint - Renton Medical425.226.5536
200 S 2nd St, Renton
M Tu, 8am-7pm; W-F, 8am-5pm.

Hopelink-RotaCare.....425.828.4304
14812 Main St, Bellevue
Sa, 9:30-11:30am.

Lake City Medical Clinic206.367.0150
12736 33rd Ave NE, Seattle
W, 10:30am-2:30pm.

North Bend Family Clinic - Tolt Community Clinic.....425.333.6924
4334 Tolt Ave S, Carnation
M-F, 9am-5pm.

North Helpline RotaCare.....206.365.8043
12736 33rd Ave NE, Seattle
Sa, 10am-1pm.

Public Health-North Seattle Medical Clinic206.296.4990
10501 Meridian Ave N, Seattle
M-F, 8am-5pm.

Puget Sound Christian Clinic.....206.363.4105
Operates a 40-foot mobile clinic with two exam rooms and a lab area.
Call to make an appointment, \$10/visit. Clinic travels throughout King County.

Sea Mar-Bellevue Medical Clinic.....425.460.7140
1811 156th Ave NE Suite 2, Bellevue
M-Sa, 8am-5pm.

Snoqualmie Ridge Medical Clinic.....425.396.7682
35020 SE Kinsey St, Snoqualmie
M-F, 8am-6pm.

Snoqualmie Valley Hospital.....425.831.2333
9575 Ethan Wade Way SE, Snoqualmie
M-F, 8am-5pm.

NEEDLE EXCHANGE

Public Health-HIV/AIDS Program-SCORE.....206.330.5777
Coordinates a needle exchange program for injection drug users in North and East King County. Call to schedule an exchange. Staff will meet people at an agreed upon location.

FREE VOICEMAIL

Solid Ground Community Voicemail.....206.694.6771
1501 N 45th St, Seattle
Provides voicemail services to people who are homeless or without a phone and on DSHS assistance, as well as inmates who need to communicate with their attorneys.

CLOTHING

Bellevue Teen Closet.....425.643.8246
2015 Richards Rd SE, Bellevue
Last M of month, 5-7pm. Available for teens living in the Bellevue area.

City Colors.....425.803.2347
9051 132nd Ave NE, Kirkland
Su, 10:30-11:30am & 1-2pm. Walk-in to shop for low-cost clothing. Make an appointment to receive free clothing. Offers free clothing to customers who have obtained a referral from a church or other social service on letterhead.

Hopelink-Sno-Valley425.333.4163
31957 E. Commercial St, Carnation
Call for an appointment. Only serves clients of the Hopelink-Sno-Valley Food Bank.

Issaquah Food & Clothing Bank425.392.4123
179 1st Ave SE, Issaquah
Tu-Th, 10am-1pm. 1st & 3rd Tu of month, 5-7pm. Serves residents of Issaquah, Carnation, Snoqualmie, North Bend, Fall City, Sammamish, Renton, Maple Valley, Preston, Hobart, and Ravensdale only.

Salvation Army Clothing Bank.....425.452.7300 x 205
911 164th Ave NE, Bellevue
Walk-in: M-F, 1-4:30pm. Serves most East and North King County zip codes. Call ahead to confirm eligibility.

YWCA - Working Wardrobe.....425.556.1350
16601 NE 80th St, Redmond
Requires voucher from Angeline's-Eastside Drop-In Center (see below).

DROP-IN CENTERS

YWCA - Angeline's Eastside425.451.8519
752 108th Ave NE, Bellevue
M-F, 9am-3pm.
Provides a daytime drop-in center for low-income and homeless women. Offers snacks, beverages and hot meals that are available any time during drop-in center hours. Provides showers, laundry facilities, computers, Internet and phones, all available for use throughout the day on a drop-in basis. Provides women with a temporary mailing address. Distributes free hygiene items. Outreach workers often visit the day center, including volunteer lawyers from ELAP, public health nurses, and mental health counselors. Also provides women with Working Wardrobe vouchers.