

## PHONE & MAIL ACCESS

**Bread of Life Mission** .....206.682.3579  
 97 S Main St, Seattle  
*Register for mail W-F, 2-4pm. Mail pick up is Tu-F at noon. Provides a permanent mailing address to anyone in need.*

**Lazarus Center** .....206.623.7219  
 416 2nd Ave Ext S, Seattle  
*Daily, 11am-6:30pm. Ages 50+. Provides free use of telephone for local calls. Posts messages to a message board. Also provides a temporary mailing address.*

**Solanus Casey Center** .....206.223.0907  
 1008 James St, Seattle  
*M W F, 1-4pm. Offers telephone use during drop-in hours.*

**Compass Housing Alliance** .....206.357.3200  
 210 Alaskan Way S, Seattle  
*M W F, 9am-4:30pm; Tu Th, 9am-3pm; Sa, 9:30am-1pm. Provides mail services and receives messages for clients. Messages are posted to the lobby message board for 5 days.*

**Compass Housing Alliance - Adult Service Center** ...206.357.3190  
 2015 3rd Ave, Seattle  
*Daily, 10:30am-7pm. Offers free local phone usage.*

**DESC** .....206.464.1570 ext 3033  
 505 3rd Ave, Seattle  
*Daily, 7:30am-5pm. Provides mail service and telephone use.*

**Gethsemane Community Services**.....206.682.3620  
 911 Stewart St, Seattle  
*Tu Th, noon-3:30pm. Provides a temporary mailing address.*

**Our Lady of Mt. Carmel**.....206.325.0871  
 508 Broadway, Seattle  
*Tu-Su, 6:30am-noon. Closed 1st Tu each month. Offers mail pick-up services.*

## FREE VOICEMAIL

**Solid Ground** .....206.694.6771  
 1501 N 45th St, Seattle  
*M-F, 9am-5:30pm. Provides voicemail services to people who are homeless or without a phone and on DSHS assistance, as well as inmates who need to communicate with their attorneys.*

## HOT MEALS

**Bread of Life Mission**..... 206.682.3579  
 97 S Main, Seattle  
*Lunch: M-F, Noon. Dinner registration: M-Sa, 10am-4:30pm. Breathalyzer/Dinner: 5:30pm. Chapel required at 6:30pm.*

**Cathedral Kitchen** ..... 206.264.2091  
 907 Columbia, Seattle  
*Meal tickets at 3:30pm. Dinner: M-F, 4:30-5pm.*

**El Centro de la Raza**.....206.957.4634  
 2524 16th Ave S, Seattle  
*M-F, noon-1pm. Serves anyone in need.*

**Community Lunch on Capitol Hill**..... 206.322.7500  
 1710 11th Ave, Seattle  
*Tu F, noon-1pm. Hot meal for anyone in need; may provide toiletries.*

**Millionair Club**.....206.728.5627  
 2515 Western Ave, Seattle  
*Breakfast: M-F, 6:15-7am. Lunch: M-F, Noon-1:30pm.*

**My Sweet Lord Café**.....425.246.8436  
 5521 University Way NE, Seattle  
*Tu-Sa, 6:30-9:30pm.*

**Our Lady of Mt. Carmel**.....206.325.0871  
 508 Broadway, Seattle  
*Tu-Su, 9-11am. Closed 1st Tu of each month.*

**Outdoor Meal Site— Walk in—6th and Columbia, under I-5**  
 Dinner: M-Th, 7:30pm.  
 Breakfast: M-F, 8am.  
 Hot Meal: M-F, 1pm.  
 Hot Meal: F, 4pm.  
 Sack Lunch: Sa, noon.  
 Hot Meal: 1st, 3rd, 5th Sa, 4pm.  
 Hot Meal: 2nd Sa, 3pm.  
 Lunch or Hot Meal: 4th Sa, 2pm.  
 Hot Meal: 4th Sa, 6:30pm.  
 Hot Meal: 1st, 2nd, 4th Su, 1pm.  
 Hot Meal: 3rd Su, noon.  
 Cold Lunch: 2nd, 4th Su, 11am.  
 Hot Meal: 3rd Su, 2pm.  
 Hot Brunch: 3rd Su, 10am.  
 Breakfast and clothes: Last Su of month, 8am.

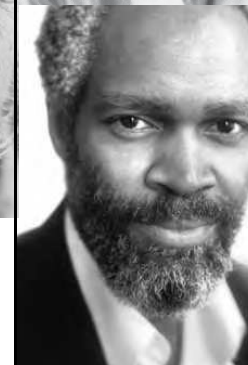
**Seattle Indian Center** .....206.329.8700  
 611 12th Ave S, Seattle  
*M-F, Noon-1:15pm.*

**Union Gospel Mission** .....206.622.5177  
 318 2nd Ave Ext S, Seattle  
*Daily, 7-8:30am, noon-12:45pm, 5-5:30pm, 5:30-6:30pm. No noon meal Su.*

# Seattle

# Men's

## Emergency Services



May 2012



Brochures updated quarterly at  
[www.crisisclinic.org/Brochures.html](http://www.crisisclinic.org/Brochures.html)

## FOOD BANKS

*The following food banks mainly serve Capitol Hill and/or Downtown Seattle. Call ahead for specific geographic eligibility requirements.*

Cherry St. Food Bank .....206.625.0755  
711 Cherry St, Seattle

*M W, 9am-5:30pm. F, 9am-5pm. Provides meat products on last two serving days of the month. No eligibility restrictions.*

Pike Market Senior Center .....206.626.6462

1531 Western Ave, 5th Floor, Seattle  
*54 & Younger: Th, 10am-1pm. 55 & Older: Tu, 10am-1pm  
Call ahead for food bags: M-F, 8:30am-1pm.*

Puget Sound Labor Agency.....206.448.9277

2800 1st Ave, Seattle  
*M & F, 8am-noon.*

Salvation Army .....206.447.9944

1101 Pike St, Seattle  
*Tu, 9-11am, 1-3pm. W-F, 9-11:30, 1-3pm.*

ACRS Food Bank .....206.292.5714

919 S King St, Seattle  
*W F, 11:30am-1pm. Provides culturally appropriate Asian-Pacific foods. Tickets to hold spot starting at 9am.*

CAMP .....206.812.4970

722 18th Ave, Seattle  
*W, noon-4pm. Th F, 9am-1pm.*

Immanuel Community Services .....206.622.1930

1215 Thomas St, Seattle  
*Last two Fridays each month, 9-10:30am. No eligibility restrictions.*

Food Bank at St. Mary's..... 206.324.7100  
ext. 18

611 20th Ave S, Seattle  
*Tu Th Sa, 10am-1pm.*

Morris Polack Food Bank .....206.461.3240

1601 16th Ave, Seattle  
*W F, 10-11:45am, Th, 2-3:45pm.*

Seattle Indian Center.....206.329.8700

611 12th Ave S, Ste 300, Seattle  
*Tu Th, 1:30-3:30pm*

YWCA Central Area Food Bank ..... 206.957.2020 ext. 320

1025 E Fir St, Seattle  
*W, 2-3pm.*

## DROP-IN CENTERS

Bread of Life Mission.....206.682.3579

97 S Main St, Seattle  
*M-F, 10am-4pm. Provides a center for homeless men and women to rest during the day. Light refreshments provided.*

Compass Housing Alliance .....206.357.3180

210 Alaskan Way S, Seattle  
*Showers/Restrooms: M-F, 7am-2pm. Laundry: M-F, 7am-12:45pm.  
Offers restrooms, showers, laundry services, and toiletries.*

Compass Housing Alliance - Adult Service Center ...206.357.3190

2015 3rd Ave, Seattle  
*Daily, 10:30am-7pm. Provides showers, laundry facilities, and phone use. Also provides information and referral to shelter, housing, health services, and public benefits.*

DESC .....206.464.1570

517 3rd Ave, Seattle  
*Daily, 7am-7pm. Provides showers, restrooms, and hygiene supplies.  
Offers a place to relax indoors, with TV.*

Lazarus Center .....206.623.7219

416 2nd Ave, Seattle  
*Daily, 11am-6:30pm. Ages 50 & over, photo ID required. Provides a recreational library and computer room with games and TV.*

Our Lady of Mt. Carmel..... 206.325.0871

508 Broadway, Seattle  
*Tu-Su, 6:30am-noon. Closed the 1st Tu of each month. Provides computer classes, movies, and a library. Also provides referral to shelters, clothing, and other basic needs.*

Solanus Casey Center .....206.223.0907

1008 James St, Seattle  
*M W F, 1-4pm. Provides hospitality, advocacy, and resource information.*

Union Gospel Mission ..... 206.622.5177

318 2nd Ave Ext S, Seattle  
*M-Sa, 2-5pm. Personal Care Center offers shower and restroom facilities. Must be sober.*

Urban Rest Stop .....206.332.0110

1924 9th Ave, Seattle  
*M-F, 5:30am-9:30pm. OCT-MAY: Sa Su, 8am-3pm.  
JUN-SEP: Sa Su, 8am-5pm. Provides restrooms, showers, and laundry facilities. Also distributes limited hygiene items.*

## CLOTHING

Bread of Life Mission.....206.682.3579

97 S Main, Seattle  
*Distribution: Tu Th Sa, 10-11:30am. Line up at 10am for a number. Serves 15 people per day.*

Emerald City Community -

7th Day Adventist Church ..... 206.322.0717  
801 25th Ave S, Seattle  
*Sa, 9-10am.*

St. Francis House.....Walk in only

169 12th Ave, Seattle  
*M-F, 10am-2:30pm. Can visit once every 30 days.*

Lazarus Center..... 206.623.7219

416 2nd Ave, Seattle  
*M W, 11am-1pm. Ages 50+. Photo ID required.*

Union Gospel Mission ..... 206.622.5177

318 2nd Ave Ext S, Seattle  
*Signup: Tu F, 9:30-11:30am. Pickup: Tu F, 2-3pm.*

St. Vincent de Paul - Food/Clothing Bank ..... 206.767.9975 x124

5972 4th Ave S, Seattle  
*Tu Th, 11am-2pm.  
ages 18-25. Cannot serve anyone younger than 18. ID req'd.*

Queen Anne Helpline ..... 206.282.1540

311 W McGraw St, Seattle  
*Summer: M Tu Th F, 10am-2pm. Winter 10am-2pm. Call for appointment.*

## DAY LABOR

Casa Latina..... 206.956.0779

317 17th Ave S, Seattle  
*M-F, 6:30-10:30am. Sa, 6:30-11:30am. No ID or SSN required. Call for upcoming orientation time.*

Millionaire Club ..... 206.728.5627

2515 Western Ave, Seattle  
*Call for upcoming orientation time. For work walk in between 6-10am. Ages 18+. ID and Social Security Card required. Background check performed. No felonies.*

## STORAGE

SHARE/WHEEL .....206.623.0390

963 Mercer St, Seattle  
*Walk-in: M-F, 6:30-8:30am. Sa Su, 7-9am. Day and long-term storage in exchange for labor.*